

## Malandris Yacht Provisioning

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# Fruit & Vegetables

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## FRUITS

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1.	Apples: Pink Lady, Fuji, Golden Delicious, Granny Smith, Red, Royal Gala
2.	Apricots
3.	Baby Banana
4.	Bananas
5.	Blackberries
6.	Blackcurrants
7.	Blood Orange
8.	Blueberries
9.	Cherries
10.	Clementine
11.	Coconuts
12.	Cranberries Fresh - Seasonal
13.	Figs - Fresh
14.	Golden Kiwis
15.	Gooseberries
16.	Grapefruit
17.	Grapefruit Pink
18.	Grapes - Black/White/Green Seedless
19.	Green Paw Paw
20.	Guava
21.	Hass Avocado
22.	Kiwano
23.	Kiwi
24.	Kumquats
25.	Lemon Leafy
26.	Lemons
27.	Limes

28.	Lychees
29.	Mangoes
30.	Mangosteens
31.	Melons - Galia, Cantaloupe, Charantais, Honeydew, Water
32.	Oranges - Large, Extra Large, Juicing
33.	Nectarines
34.	Passion Fruit
35.	Paw Paw
36.	Peaches
37.	Pears - Nashi, Baby, Prickly, William, Conference,
38.	Red Blush
39.	Pineapples - Extra Sweet, Large, Baby
40.	Physalis (Cape Gooseberry)
41.	Pitahaya Red (Dragon Fruit)
42.	Plums - Red, Yellow, Marjorie, Angelino purple
43.	Pomelos
44.	Pomegranates
45.	Quince
46.	Rambutans
47.	Raspberries
48.	Rhubarb
49.	Satsumas
50.	Sharon Fruit
51.	Starfruit
52.	Strawberries
53.	Tamerrillos

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## VEGETABLES

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1.	Artichokes Globe & Jerusalem
2.	Asparagus
3.	Asparagus Jumbo
4.	Asparagus White
5.	Aubergines
6.	Italian Pale Aubergine
7.	Beans - Bobby, Borlotti, Broad Beans,
8.	Extra Fine, Extra Fine Top 'n' Tailed
9.	Fine, Flat, Pre-Packed Beans, Runner
10.	Broccoli
11.	Broccoli - Purple Sprouting
12.	Brussel Tops
13.	Brussel Sprouts
14.	Butter Nut Squash
15.	Squashes - Mixed
16.	Cabbages - Black, Hispi ,Prima, Red,
17.	Savoy, White
18.	Capsicums - Red/Green chilli,
19.	Jalapeno chilli, Green, Orange, Red,

20.	Yellow, Mixed
21.	Carrots - Large bag, Bunched, Dutch
22.	Finger, Chantry
23.	Cassava
24.	Cauliflowers
25.	Celeriac
26.	Chard Red
27.	Chard Swiss
28.	Chicory Red
29.	Cima Di Rapa
30.	Cipollini Onion - baby
31.	Courgette Flowers
32.	Courgettes - Yellow
33.	Crosnes (Japanese Artichokes)
34.	Curly Kale
35.	Fennel
36.	Fresh Peas
37.	Horseradish - Fresh
38.	Kohlrabi
39.	Leeks
40.	Sugar Snap Peas
41.	Chillies - Long (Red, Green, Mixed),
42.	Red Snub, Green Snub, Scotch Bonnet,
43.	Small Green
44.	Mange Tout
45.	Marrows
46.	Mouli
47.	Okra
48.	Plantains
49.	Onions - Brown, Red, Spanish, White,
50.	Yellow
51.	Potatoes - Binjii, Cara, Chippers
52.	Choice Potato, Cyprus, Jackets, Jersey
53.	Ware/Mids, King Edwards, Lovers, Maris
54.	Piper, Purple, Rattes, Red, Roseval,
55.	Sweet, White
56.	Parsnips
57.	Pumpkin
58.	Romanesque
59.	Salsify
60.	Samphire
61.	Shallots / Long
62.	Spinach
63.	Spring Greens
64.	Swede
65.	Turnips
66.	Yellow Beans

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## HERBS, EDIBLE FLOWERS & SPICES

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1.	Banana Leaves
2.	Basil
3.	Bay Leaves
4.	Beetle Leaf
5.	Chervil
6.	Chives
7.	Coriander
8.	Curry Leaf
9.	Dill
10.	Flat Parsley
11.	Flowers Mixed Edible
12.	Garlic
13.	Garlic Chives
14.	Ginger
15.	Ivy
16.	Lavender
17.	Lemon Balm
18.	Lemon Grass
19.	Lime Leaves
20.	Lotus Root
21.	Marjoram Sweet
22.	Mint
23.	Oregano
24.	Parsley
25.	Red Basil
26.	Rosemary
27.	Saffron
28.	Sage
29.	Sorrel
30.	Tarragon
31.	Thai Sweet Basil
32.	Thyme
33.	Thyme Lemon
34.	Turmeric Fresh
35.	Ung Choi
36.	Vanilla Pods
37.	Verveine

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## SALAD

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1.	Beansprout
2.	Beetroot - Cooked, raw
3.	Beetroot - Golden
4.	Celery
5.	Chard
6.	Chicory - Red

7.	Chinese Leaves	
8.	Choi Sum	
9.	Corn on the Cob	
10.	Corn Salad	
11.	Cucumber	
12.	Cucumber - Baby	
13.	Cucumber - Mini	
14.	Dandelion Leaves	
15.	Pourpier	
16.	Radicchio	
17.	Radish Breakfast	
18.	Radish Pre-Pack	
19.	Radish, black, long	
20.	Spring Onions	
21.	Spring Onions - Large	
22.	Wild Garlic Leaf	
23.	Salad Lettuce:	
24.	Batavia – Green/Red	
25.	Cos	
26.	Curly Endive	
27.	Chicory leaves	
28.	Escarole Lettuce	
29.	Ficoide (Ice)	
30.	Frisee	
31.	Iceberg	
32.	Lamb’s Corn	
33.	Little Gem	
34.	Lollo Biondo	
35.	Lollo Rosso	
36.	Mache	
37.	Mesclun	
38.	Metisse (Baby)	
39.	Mizuna	
40.	Mustard Leaves - Red	
41.	Oak Leaf	
42.	Pousse	
43.	Pre-packed leaves	
44.	Watercress	
45.	Rock Chive	
46.	Roquette Wild	
47.	Round	
48.	Spinach	
49.	Trevisse	
50.	Tomatoes	Beef, Black , Cherry Plum / Red, Cherry, Plum on Vine, Cherry Vine / Yellow, Green / Yellow, Heirloom, Italian / Plum, Plum / Vine, Plum on the Vine

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## MUSHROOMS

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1.	Blue
2.	Browncup
3.	Button
4.	Cepes dried, fresh or frozen
5.	Chanterelle
6.	Chestnut
7.	Cup – Open/Giant
8.	Enoki
9.	Flat
10.	Girolles
11.	Horse
12.	Mixed Wild
13.	Morilles Dried, Fresh
14.	Mousseron
15.	Oyster -Coloured/Grey/Yellow
16.	Pied Bleu
17.	Pied De Mouton
18.	Portobello
19.	Shemujji White/Brown
20.	Shitake
21.	Trompette

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## TRUFFLES

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1.	White Winter Truffles
2.	Black Chinese Truffles Frozen - 1kg
3.	Black Summer Truffles
4.	Truffle Products
5.	Urbani Summer Truffle Peelings - 200 g Tin
6.	Urbani Black Summer Truffle
7.	Pieces - 200 g Tin
8.	Urbani Black Winter Truffle Juice - 200g Tin
9.	Urbani Tartufata - 200 g Jar
10.	Urbani Truffle Flour - 100g Jar
11.	Urbani Butter Truffle - 170 g Jar
12.	Truffle Honey - 260 g Jar
13.	Truffle Honey - 3 x 260 g Black
14.	Garnishing Paste - 200g

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## BABY VEGETABLES

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1.	Aubergines
2.	Beetroot
3.	Broccolini
4.	Cabbages
5.	Carrots

6.	Cauliflowers
7.	Chicory
8.	Corn Courgette
9.	Courgette Flowers
10.	Courgettes
11.	Fennel
12.	Globe Artichoke
13.	Green Peppercorn
14.	Leeks
15.	Onions Button
16.	Parsnip
17.	Patty Pans Green/Yellow
18.	Pea Aubergine
19.	Pears
20.	Peppers
21.	Turnip

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## BABY VEGETABLES

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We have a wide range of olives, whole, pitted, marinated, stuffed and in antipasti and tapenades. Just tell us what you would like and we can provide Black, Green, Manzanilla, Kalamata.

**Best local home made**

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## DRIED VEGETABLES

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1.	Artichoke Bottoms / Hearts
2.	Beetroot - Diced
3.	Mushrooms – Button
4.	Sweetcorn
5.	Vine Leaves
6.	Capers Surfines
7.	Choucroute Cabbage Cooked
8.	Guindillas Chilli Peppers
9.	Palm Tree Hearts
10.	Piquillo Pimento
11.	Tomatoes - Passata, Paste, Cherry,
12.	Chopped, Plum
13.	PULSES
14.	Borlotti Beans
15.	Butter Beans
16.	Cannellini Beans
17.	Chick Peas
18.	Five Bean Salad
19.	Flageolet Beans

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20.	Red Kidney Beans
21.	White Beans

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## **NUTS**

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1.	Almonds
2.	Brazil
3.	Cashew
4.	Coconut
5.	Hazelnuts
6.	Macadamia
7.	Peanuts
8.	Pecan
9.	Pine nuts
10.	Pistachio
11.	Walnuts

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## **SEEDS**

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1.	Alfalfa
2.	Linseed Rye Spice
3.	Melon
4.	Poppy, Blue
5.	Pumpkin
6.	Sesame
7.	Sunflower